

JCAA NEWSPAPER APRIL 2018

Official Newspaper of the *JERSEY COAST ANGLERS ASSOCIATION*

(Published on March 19, 2018)

Monthly Meeting at Jersey Coast Shark Anglers, 385 Herbertsville Road, Brick "WORKING FOR MARINE RECREATIONAL ANGLERS"

JCAA REGULAR MEETING:

Tuesday, March 27th, 2018

Starting at 7:30 PM

385 Herbertsville Rd, Brick

NEXT JCAA BOARD MEETING

Thursday, April 12th, 2018

Starting at 7:30 PM at JCAA Office

**OFFICIAL NEWSPAPER OF THE
JERSEY COAST ANGLERS ASSOC.
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This publication is printed and mailed one week prior to each regular monthly meeting of the Jersey Coast Anglers Association. One of the prime goals of JCAA is to get accurate information into public hands as soon as possible.

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**JCAA General Membership Meetings are for club representatives and invited guests only. These meetings are not open to the general public. If you would like to attend as a guest, call the President at 908-913-0551 or Tom Fote at (732) 270-9102 before the meeting date to ask permission.**

### 2018 OFFICERS

|                            |              |              |
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| <b>Tournament Dir.</b>     |              |              |

**Committee and Chairpersons listed on last page**

### IMPORTANT DATES

**March 26<sup>th</sup>-27<sup>th</sup>** ASA Government Affairs

**March 27<sup>th</sup>** JCAA General Meeting

**March 28<sup>th</sup>** NOAA Rec Summit

**April 7<sup>th</sup>** Opening Day for Trout

**April 12<sup>th</sup>** JCAA Board Meeting

**April 24<sup>th</sup>** JCAA General Meeting

**May 1<sup>st</sup>** ASMFC Spring Meeting Week

**May 10<sup>th</sup>** JCAA Board Meeting

**May 20<sup>th</sup>** Governors Surf Fishing Tournament

### President's Report

*By Mark Taylor*

I am currently at the Saltwater Fishing Expo in the JCAA Booth writing my monthly article. It has been a very busy month since the last issue. There was a meeting on porgy, seabass, blackfish and summer flounder (fluke) regulations which Past President Paul Haertel was there representing JCAA. Paul did a great job summarizing what went on at that meeting which is in this newsletter and also on our [Facebook page](#).

I would like to thank everyone that came by our booth at shows and participated in our fundraiser High Roller Raffle purchasing some raffle tickets. A special thanks go to the individuals that volunteered their time in the JCAA booth at the shows. You should thank them also when you see them because they are there working hard for you. You should think about volunteering your time next year and see how hard these people are working for you.

It is a sad time in the recreational fishing community. We recently lost two great people that worked hard at what they loved. One of them was legendary Lefty Kreh. He is one of the greatest saltwater fly fishermen and instructors that fished New Jersey beaches along with the rest of the world. Lefty

has touched so many with his passion for the sport. He will be missed but memories live on. I feel blessed meeting and talking with Lefty over the years.

The other great person was Noel T. Angelucci, the current President of Fortescue Fishing Club. He was a very knowledgeable and dedicated person for the members and people that fished that area. He will also be missed by me and the people he fought for.

## In Memory of Noel Angelucci

A good friend to JCAA, Noel T. Angelucci of Washington Township, passed away suddenly on March 14, 2018 at age 58.

Noel proudly served in the US Army and was President of the Fortescue Anglers Club, Representative to the Jersey Coast Anglers Association, Member of the Bluefish Advisory Panel of the Mid-Atlantic Marine Fisheries Council, Member of the New Jersey Outdoor Alliance, and Member of the South Jersey Saltwater Anglers Club.

Noel will be remembered as a man who was dedicated to his family and friends and would lend help and assistance to anyone that needed him without hesitation. There will be a viewing from 8:45 to 10:15am Thursday, March 22 at GARDNER FUNERAL HOME, RUNNEMEDE. Funeral Mass 11am Thursday, March 22 at Holy Child Parish, St. Teresa RC Church, Runnemede.

Interment will be private at the request of the family.

## Fisheries Management & Legislative Report

*By Tom Fote*

### NOAA Recreational Summit & ASA Government Affairs

I will miss another JCAA General Meeting since I will be in Arlington, Virginia attending the NOAA Recreational Summit and the ASA Government Affairs Meeting from March 25<sup>th</sup>-29<sup>th</sup>.

It will be interesting to meet with the new head of NMFS and the new head of the Greater Atlantic Regional Fisheries Office. At the ASA meeting one of the hot topics will be the Modern Fish Act. The press release included gives you a sense of the current thinking. JCAA would like to thank Senators Menendez and Booker and their staffs for this hard work on this issue. We will continue to work with them and our Congressmen to assure passage. At the NOAA Summit there will be many interesting discussions. In attendance will be 100 recreational anglers from all parts of the United States and the NOAA administrators. It is a good opportunity for us to find the issues on which we have common ground in the recreational community and work to address them. We need to find a better method to deal with recreational statistics and the lack of NMFS data on the economics of recreational fishing. I am looking forward to sharing what I learn in the next newspaper.

### Black Sea Bass

I could not attend the ASMFC meeting in February since I was on vacation with a 5-hour time difference. But I did listen to the discussion on black sea bass. It was interesting to hear the northern states complain about how they were picked on. I could not sit and listen without thinking that it was refreshing that New Jersey was not the center of discussion. Instead there was a needless battle between north and south. The reason I say needless is we are dealing with an absurd quota that could easily be doubled. I have covered this point numerous times in JCAA newspapers. Just go to the webpage and read the articles from the last 5 years. I do not have all the newspapers from 1995 in the archives but those articles would not be much different. It is the lack of good scientific data on the stocks of black sea bass which create this problem. We keep trying to tweak different models to get estimates but any decision is only as good as the data used. Much of the data when it comes to the recreational community has the same confidence level of a coin flip. Most of the stock assessment work is just as bad because we still have not spent the money necessary to get data that is reliable.

The other problem is that the Commission is not as collegial as it used to be. Many of the Commissioners do not know the history or understand how states cooperated or were penalized by varied decisions. When we first began to put in commercial quotas on black sea bass, Bruce Freeman, then head of

the Bureau of Marine Fisheries, gave away 20% of our black sea bass quota to the northern states so everyone would agree to the plan. In this climate, this would never happen. Part of the reason is the needless decrease in quota but in addition Commissioners have become very parochial about their states. That is their right but decision making becomes more of a competition and less collaborative. Years ago, we thought that when we had rebuilt the black sea bass stocks, there would be enough for everyone. Even though the stocks are 230% of the target, we are fishing at smaller quotas than when the stocks were collapsed. It makes no biological sense but it keeps NMFS from dealing with lawsuits from the environmental groups. That seems to be their main objective. We need to start working together to refuse to use the outlandish quotas that are imposed by NMFS and the MidAtlantic Council. If the ASMFC was the sole manager of black sea bass, we would not have these absurd quotas. So, Commissioners, let's work together to solve these problems, not fight among ourselves.

## **Clean Water Action 32nd Summit April 28th**

As some of you know, I am a member of the Board of Clean Water Action. Lynda and I have been sponsors of this Summit for many years. It is a great opportunity to learn about different topics. I have listed the topics for the workshop below. You notice I am moderating one about contaminants in water. As you can see from the three articles in this newspaper, this continues to be a focus of my attention. I was lucky enough to convince Dr. Joanna Burger and Dr. Mike Gochfeld to participate. I met Mike when he and I served on Christine Todd Whitman's Mercury Task Force. Mike is a world renowned expert on the impact of mercury contaminants. Joanna has been doing research on the impact of contaminants in birds for many years. JCAA helped fund some of her research on looking at contaminants in recreationally caught fish. This was one of the first studies that used fish collected from recreational anglers rather than simply netting. You will also get a chance to meet many of our elected officials and the keynote speaker will be Governor Murphy. I hope some of you will get involved with Clean Water Action. I have a couple of extra tickets if you want to go. Call me if you

have any questions. I hope to see some of my friends there.

### **The Wardlaw-Hartridge School**

1295 Inman Avenue  
Edison, NJ 08820  
(near NJ Transit Metropark Station)

### **Electrify New Jersey**

Learn what Jersey City is doing to bring Electric Vehicles (EV) to cities and how New Jersey can best create the infrastructure needed for EV's future success.

**Moderator:** Wyatt Earp, International Representative / Green Jobs Liaison, IBEW

#### **Presenters:**

- Pam Frank, VP, Gabel Associates and CEO of ChargeVC
- Katherine Lawrence, Director, Office of Sustainability, Jersey City

### **Keep Water & Health in Our Infrastructure Plan**

Learn how to improve New Jersey's infrastructure despite Washington's attempts to destroy hard won water and environmental safeguards. Find out how to make New Jersey's water and sewer systems more climate-resilient.

**Moderator:** Michele Donato, Esq., Land Use Attorney Board Member, Clean Water Action

#### **Presenters:**

- Joseph Maraziti, Esq., Land Use & Redevelopment Attorney, Maraziti, Falcon & Healey
- Aaron Kleinbaum, Esq., Environmental Attorney Executive Director, Eastern Environmental Law Center

### **Keeping the Poisons Away**

What you don't know about household and personal care products can actually hurt you. Hear from experts about options for cleaner, safer and healthier living that protect the environment too.

**Moderator:** Maria Ackerman, Donor & Events Associate, Clean Water Action

**Presenters:**

- Dr. Gail Zimmerman, Internist and Natural Doctor, Bay Head, NJ
- Willie deCamp, Chairman and Past Director, Save Barnegat Bay
- Janet Tauro, NJ Board Chair, Clean Water Action, GRAMMES (Grandmothers, Mothers & More for Energy Safety)

**Rethink Disposable: Less Waste to Trash**

Learn how to stop managing waste (recycling, burning and landfilling) and start producing less. Find out how food service businesses are embracing our Rethink Disposable program to reduce single-use products and save money too.

**Moderator/Speaker:** Maura Toomey, ReThink Disposable Coord., Clean Water Action

**Presenters:**

- Ana Baptista, Assistant Professor in the Environmental Policy and Sustainability Management Program and Associate Director for the Tishman Environment and Design Center (TEDC), The New School
- Nataki Williams, Business Owner & Finance Controller, Vital Dining

**Pump up the Volume: Media Training Course**

Learn the latest tools to help you be successful in today's media . . . how to write newsworthy content, reach your targeted audiences, and amplify your message and campaigns on social media; including live-streaming video, live tweeting, and developing materials for allies and partners.

**Moderator:** Jenny Vickers Chyb, NJ Communications Mgr., Clean Water Action

**Presenters:**

- Randy Bergmann, Editorial Page Editor, Asbury Park Press
- Neil Bhaerman, Nat'l. Communications Manager, Clean Water Action

**Climate & Energy: How to Move Forward, not Backwards**

Learn how Clean Water Action and its partners are taking it upon themselves to do the work the Trump

Administration won't when it comes to fighting for 100% renewable energy by 2050 and green jobs.

**Moderator:** Alyssa Bradley, Energy Organizer, Clean Water Action

**Presenters:**

- Tracy Carluccio, Deputy Director, Delaware RiverKeeper Network
- Jeff Tittel, Director, Sierra Club, NJ Chapter
- Dr. Nicky Sheats, Director, Center for the Urban Environment
- John S. Watson Inst. of Public Policy, Thomas Edison State University, Member, New Jersey Environmental Justice Alliance

**Environmental Justice in Action**

Engaging communities and leaders in making a difference locally and statewide where pollution and its adverse impacts are disproportionately greater.

**Moderator/Speaker:** Jeanette Mitchell, Climate Organizer, Clean Water Action

**Presenters:**

- Wynnie-Fred Victor Hinds, Board Member, Clean Water Action Vice Chair, Newark Environmental Commission Executive Director, Stepping Stones Resources
- Nicole Miller, Mbr., Newark Environmental Commission, GI Reformer

**Safe Drinking Water Disruptors**

Learn about growing concerns regarding unregulated contaminants, endocrine disruptors, and lead in our drinking water, as well as policy options at the local, state and national levels.

**Moderator:** Tom Fote, Board Member, Clean Water Action, Legislative Director, Jersey Coast Anglers Association

**Presenters:**

- Lynn Thorp, National Campaigns Director, Clean Water Action
- Michael Gochfeld, MD, Occupational Medicine, Piscataway, NJ
- Dr. Joanna Burger, Distinguished Professor, Biology, Rutgers University

## Registration Form

Online: [cleanwateraction.org/conference2018](http://cleanwateraction.org/conference2018)

By phone: 732-963-9714 x-252

By mail: Return this form with check to:

Clean Water Action,  
198 Brighton Ave.  
Long Branch, NJ 07740

For more information, contact:

Jenny Vickers Chyb,  
Communications Manager  
732-963-9714 x-252

or

[njcwa@cleanwater.org](mailto:njcwa@cleanwater.org)  
[www.cleanwateraction.org/conference2018](http://www.cleanwateraction.org/conference2018).

## Good News: Some Contaminants in Fish are Dropping

Below is a press release on the relaxing of some fish advisories in New Jersey. This has only been accomplished by the hard work of EPA, NJDEP, environmental groups and the fishing organizations working together to clean up the waterways. That means taking on the polluters and making them pay for remediation. This is the scary part of what is going on with EPA in Washington. We need to contact our elected officials and make sure that we don't allow EPA to curtail the oversight of polluters. Instead of reducing the authority of the EPA, it should be increased. This is the only way we will ever meet the goal of having no fish advisories for any fish in our lakes, streams, rivers or the ocean. In addition, please write the President and demand that EPA maintain the high level of oversight on the nation's waters.

### **NJ and Delaware Ease Consumption Advisories for Certain Fish Caught in Lower Delaware River and Delaware Bay**

Revisions Reflect Decline in Persistent  
Contaminants Such as PCBs and Pesticides in  
the Waterbodies

NJ DEP Press Release, 2/20/2018  
Contact Lawrence Hajna (609) 984-1795

**TRENTON** – The Department of Environmental Protection has eased consumption advisories on certain fish species caught in the lower Delaware River and Delaware Bay, an indication of improving ecological conditions as levels of contaminants decline, Acting Commissioner Catherine R. McCabe announced today.

Among the key changes include removing all advisories for weakfish for both the general population and those considered to be at higher risk. The DEP also increased the acceptable consumption limit for all finfish caught in the Delaware River south of the Delaware-Pennsylvania border to the Chesapeake and Delaware Canal to three meals per year compared with the previous limit of one fish meal per year. High-risk individuals, which include women of child-bearing age and children, continue to be advised to eat no fish from this area.

“These changes reflect an ongoing trend in which contaminants from past pollution such as PCBs and pesticides continue to decline,” Acting Commissioner McCabe said. “We encourage all anglers to take a few minutes to review fish advisories issued by the DEP and the New Jersey Department of Health so they can make sound decisions on safe consumption of fish.”

In addition, the DEP has revised its recommendations for consumption of bluefish caught in Delaware Bay from one meal per year for fish that are less than six pounds or smaller than 24 inches to a new recommendation of one meal per month for any fish less than 20 inches long for all groups.

The DEP has also revised its general population recommendations in Delaware Bay for consumption of bluefish larger than 20 inches from “do not eat” to three meals per year.

“New Jersey residents should be aware that environmental contaminants can create health risks for people eating fish caught recreationally in the state,” said New Jersey Department of Health Acting Commissioner Dr. Shereef Elnahal. “However, by following the guidelines in our advisories the public can safely include fish and other seafood they’ve caught as a part of their healthy diet.”

The Delaware Department of Natural Resources and Environmental Control is taking identical actions to revise its consumption advisories. Both states continue to coordinate and maintain consistent advisories in these shared waters.

While water quality in New Jersey continues to improve, past pollution can persist for many years in sediments and continue to accumulate in fish at or near

the top of the aquatic food chain. As a result, some recreationally caught fish can contain mercury, PCBs and pesticides that may be unhealthy for children or women of child-bearing age.

All states have fish consumption advisories. Many of the fish on New Jersey's advisory lists are typically caught and released without being consumed, but some people rely heavily on some of the species on the advisory lists as a food source.

These advisories allow members of the public to make informed choices about the fish they catch and eat. The DEP updates fish consumption advisories regularly. The fish consumption advisories include statewide, regional and waterbody-specific advice, and a general advisory for freshwater fish.

For a full listing of revisions to advisories in the lower Delaware River and Delaware Bay, as well as a statewide list of advisories, click on the logo above or visit this [website](#). For much of the population, most advisories can range from no restrictions to a recommendation to limit consumption to one meal per week. For the high-risk population – which includes pregnant women, women planning to become pregnant, nursing mothers, infants and children – advisories can range from no more than one meal per week to do not eat.

If you choose to eat those species under advisories, there are steps you can take to reduce your exposure. Contaminants tend to concentrate in the fatty tissue of the fish. Proper cleaning and cooking techniques, which remove some of the fat from the fish, can significantly reduce levels of PCBs, dioxins and other organic chemicals. However, these techniques will not reduce or remove unsafe levels of mercury from fish.

On all freshwater fish and waters not covered by consumption advisories, consumers should follow the DEP's general freshwater advisories, which recommend eating no more than one meal per week for the general population and no more than one meal a month for high-risk individuals.

## **JCAA ANNUAL FLUKE TOURNAMENT AUGUST 4<sup>TH</sup>, 2018**

### **Fisheries: Senate Panel Advances Bill to Aid Sports Anglers**

By Rob Hotakainen, E&E News, 2/28/2018

The Senate Commerce, Science and Transportation Committee today approved a key bill that would give sport anglers more access to federal waters.

A Senate panel today approved a key fisheries bill that would give sports anglers more access to federally controlled waters while making it easier for regulators to extend rebuilding schedules for threatened fish stocks.

On a voice vote, the Senate Commerce, Science and Transportation Committee advanced a bill commonly known as the "Modern Fish Act," sponsored by Sen. Roger Wicker (R-Miss.).

While many environmental groups fear that the bill would weaken federal protections and lead to overfishing, backers of the legislation said they want to bring more flexibility, updated science and better data collection to fisheries management.

"This is the Commerce Committee at its best," said Wicker, noting that his bill had drawn broad bipartisan support and that recreational fishing supports millions of jobs for Americans. "Saltwater anglers are conservationists, and this bill will help provide for healthier marine fisheries," Wicker told his colleagues.

Sen. Bill Nelson (D-Fla.), the committee's ranking member and a co-sponsor of the bill, said the legislation would make "targeted changes" to the Magnuson-Stevens Fishery Conservation and Management Act of 1976 that would help improve the management of recreational fisheries in federal waters. "Recreational fishermen in Florida have an annual economic impact of around \$8 billion and supply over 100,000 jobs," Nelson said. "This bill will directly benefit these fishermen and support this important industry."

Sen. John Thune (R-S.D.), the committee's chairman, said recreational fishing is important, even in his home state. "Recreational fishing is enjoyed by Americans everywhere, even in South Dakota, and plays an important part in America's economy and cultural heritage," Thune said.

While the measure passed on a voice vote, five of the committee's 13 Democratic members asked to be recorded as "no" votes: Sens. Maria Cantwell of Washington, Richard Blumenthal of Connecticut, Ed

Markey of Massachusetts, Tom Udall of New Mexico and Catherine Cortez Masto of Nevada. None of the senators offered an explanation for their votes, but in his remarks, Nelson pledged to work with those who had concerns as the bill advances.

The bill, [S.1520](#), formally known as the "Modernizing Recreational Fisheries Management Act," now heads to the full Senate. A similar version passed the House in December.

The vote marked another win for recreational fishermen, who have long complained that federal fisheries management has become too bureaucratic, relying too much on hard quotas and catch limits, and often resulting in too-short seasons. The issue prompted a furor in 2017, when NOAA Fisheries first set a three-day federal season for the Gulf of Mexico red snapper. After sport anglers expressed outrage, Commerce Secretary Wilbur Ross interceded, lengthening the federal season by 39 days. Many recreational anglers called Ross' move a temporary fix and promoted the "Modern Fish Act" as a permanent solution.

Jeff Angers, president of the Center for Sportfishing Policy, said the vote showed that senators recognized "the need for serious reforms to the broken federal fisheries management system." "The bipartisan leadership on display today in the Senate Commerce Committee will not soon be forgotten by America's 11 million saltwater recreational anglers," he said.

And Thom Dammrich, president of the National Marine Manufacturers Association, said he's eager to see the bill get signed into law by President Trump. "For too long, the federal fisheries management system has limited access for America's recreational anglers and boaters due to faulty data and misguided regulations, which in turn has jeopardized the economic vitality of the recreational boating industry," he said.

The bill drew opposition from many environmental and conservation groups, including Earthjustice, the Environmental Defense Fund, the League of Conservation Voters, the National Audubon Society, the Natural Resources Defense Council, the Ocean Conservancy and Oceana.

In a letter to Thune and Nelson yesterday, the seven groups said the Magnuson-Stevens Act is "working as intended" and has led to a decline in overfishing, adding that the "Modern Fish Act" could "jeopardize the health and sustainability of our oceans and the coastal economies that depend on them."

## **Most Sunscreens Can Harm Coral Reefs. What Should Travelers Do?**

By Elaine Glusac, NY Times, 2/19/2018

The coral reefs around the Turks & Caicos Islands are a major tourist attraction, and Mark Parrish is trying to make sure the visitors he takes there don't kill them with cosmetics.

He co-owns Big Blue Unlimited, a tour operation that guides snorkeling, kayaking and other adventurous excursions around the islands. The company's website states that, "Big Blue will ONLY ALLOW the use of 100 percent biodegradable sunscreen on all of our trips. Non-biodegradable sunscreen IS NOT TO BE USED on Big Blue trips."

"We make it mandatory, which is easier said than done," said Mr. Parrish. "The key is telling people well in advance, putting it on the website and saying this is our policy and giving them a chance to shop at home."

After decades of learning that sunblock is vital to a healthy beach vacation, consumers may wonder what's wrong with their Coppertone. But recent studies that link the active ingredients in protecting skin from damaging ultraviolet rays to coral bleaching has led to a global push for more reef-safe sunscreens.

Chemicals in sunscreen that come off while swimming or travel through sewage systems when washed off in the shower are "bigger than climate change," in causing coral reef damage, according to Craig Downs, the executive director of the Haereticus Environmental Laboratory based in Clifford, Va., which has studied the effects of sunscreen on coral reefs.

In 2015, Mr. Downs led a team that reported that oxybenzone, a common chemical found in sunscreens, is toxic to the symbiotic algae that live within corals, which provides their color and performs other vital duties, and also stunts the growth of corals. A 2008 European study published by Environmental Health Perspectives concluded that sunscreen promotes viral infection in corals that can lead to bleaching. They estimated that up to 14,000 tons of sunscreen is deposited in the world's oceans each year.

Last year, lawmakers at the state and county levels in Hawaii unsuccessfully proposed legislation to ban sunscreens containing oxybenzone. The Consumer Healthcare Products Association, a trade association representing makers of over-the-counter medicine, and the Personal Care Products Council, representing the

cosmetics and personal care industries, oppose the ban, arguing that sunscreen saves lives by preventing cancer.

“The proposed sunscreen bans in Hawaii avoid the real causes of coral decline according to scientists from around the world: global warming, agricultural runoff, sewage and overfishing,” the groups noted in a joint statement.

While environmental advocates continue to push for legislation, the travel industry, both in Hawaii and beyond, has responded with grass-roots campaigns designed to educate travelers on how to protect themselves from sunburn without contributing chemicals to the reefs.

Aqua-Aston Hospitality, which manages over 40 resorts in the Hawaiian Islands, distributes information on oxybenzone and its role in coral bleaching as guests check in along with a sample of chemical-free sunscreen from Raw Elements considered “reef-safe.” It also stocks free sunscreen dispensers with the biodegradable lotion.

The campaign began last April at 16 island locations and is being expanded to all of the company’s resorts, including those in Florida, Lake Tahoe and Costa Rica this year. In March, the company will begin distributing complimentary kits including a bottle of the sunscreen to guests who book using the promo code ALIST.

“Everybody wants to do the right thing, they’re just not aware they might be contributing to coral bleaching,” said Theresa van Greunen, Aqua-Aston’s spokeswoman who oversees corporate social responsibility.

Outrigger Resorts in Hawaii also provides free samples of reef-safe sunscreen to guests. It has used All Good products, which rely on the mineral-based sunblock zinc oxide, in the past and plans to debut its own Ozone line of environmentally friendly sunscreen this year.

In Mexico, areas popular with snorkelers such as Xel-Há on the Riviera Maya and Chankanaab Beach Adventure Park in Cozumel ban the use of non-biodegradable sunscreen. At Xel-Há, visitors with unapproved sunscreen can swap their brands for samples of safe products and get their own back when they exit the park.

Resorts are helping spread the word. At the seven Solmar Hotels & Resorts in Los Cabos, guests may purchase biodegradable sunblock on-site and are advised in advance that it is the only kind

permitted in area preserves such as Cabo Pulmo National Marine Park.

Screening sunscreen for environmental friendliness requires getting familiar with chemicals including oxybenzone, octinoxate and methyl paraben. Haereticus Environmental Lab publishes a list of chemicals to avoid. Mineral sunblocks including zinc oxide and titanium dioxide that are “non-nano” in size are considered safe. Formulations below 100 nanometers are considered nano and can be ingested by corals.

Researchers agree that sunscreen isn’t the only culprit in coral bleaching, pointing to rising sea temperatures caused by global warming among other threats. But it may be the one travelers have the most immediate and direct influence over.

“This is one impact that we can control,” said R. Scott Winters, the chief executive officer of the Coral Restoration Foundation, a nonprofit conservation organization based in Tavernier, Fla. “If we are to be successful in bringing coral reefs back to a healthy state, it is incredibly important that people visiting them choose sunscreens that do not contain oxybenzone. More important, choosing to cover up with UV protective clothing, rash guards, and hats can also reduce the amount of sunscreen needed.”

Sun protection clothing from lines including Patagonia, Coolibar and REI are rated with UPF, or Ultraviolet Protection Factor, figures in the same way that sunscreens use SPF, Sun Protection Factor, numbers.

Clothing is considered as effective as sunscreen, said Dr. Henry W. Lim, the president of the American Academy of Dermatology. “The challenge is it doesn’t cover 100 percent of the body’s surface,” he said.

For reef specialists like Mr. Downs, less is more. “For a woman in a bikini,” he said, “85 percent of her body will be covered in sunscreen. She can reduce that by 50 percent just by wearing sun shirt. That’s progress.

## **What Poisons are in Your Body?**

By Nicholas Kristof, NY Times, 2/23/2018

Our bodies are full of poisons from products we use every day. I know – I’ve had my urine tested for them. But before I get into all that, let’s do a quick check for poisons that might be in your body.



Choose all the products you have been exposed to in the past month:

- Canned food
- Hard plastic water bottle
- Register receipts
- Colgate Total toothpaste
- Sunscreen
- Liquid soap
- Makeup
- Vinyl shower curtain
- Dryer sheets
- Mothballs
- Fabric protector
- Nail polish
- Foam-filled furniture

Here are 12 chemicals found in these everyday products:

| CHEMICAL             | DETAILS                                                     | FOUND IN PRODUCTS LIKE                                                                          |
|----------------------|-------------------------------------------------------------|-------------------------------------------------------------------------------------------------|
| ANTI-MICROBIALS      | Can interfere with thyroid and other hormones               | Colgate Total toothpaste, soap, deodorant                                                       |
| BENZO-PHENONES       | Can mimic natural hormones like estrogen                    | Sunscreen, lotions, lip balm                                                                    |
| BISPHENOLS           | Can mimic natural hormones like estrogen                    | Protective lining for canned goods, hard plastic water bottles, thermal paper register receipts |
| 1,4-DICHLORO-BENZENE | Can affect thyroid hormones and may increase risk of cancer | Mothballs, toilet deodorizers                                                                   |
| PARABENS             | Can mimic natural hormones like estrogen                    | Cosmetics, personal care products like shampoos, hair gels, lotions                             |

|                                             |                                                                                   |                                                                     |
|---------------------------------------------|-----------------------------------------------------------------------------------|---------------------------------------------------------------------|
| PHTHALATES                                  | Can disrupt male reproductive development and fertility                           | Vinyl shower curtains, fast food, nail polish, perfume/cologne      |
| FRAGRANCE CHEMICALS                         | Can exacerbate asthma symptoms and disrupt natural hormones                       | Perfume/cologne, cleaning products, dryer sheets, air fresheners    |
| PER- AND POLYFLUORO-ALKYL SUBSTANCES (PFAS) | Can affect hormones, immune response in children, and may increase risk of cancer | Scotchgard and other stain-resistant treatments, fast-food wrappers |
| FLAME RETARDANTS                            | Can affect neurodevelopment and hormone levels, and may increase risk of cancer   | Nail polish, foam cushioning in furniture, rigid foam insulation    |

Surprised? So was I when I had my urine tested for these chemicals. (A urine or blood test is needed to confirm whether you have been exposed.)

Let me stress that mine should have been clean. Almost a decade ago, I was shaken by my reporting on a class of toxic chemicals called endocrine disruptors. They are linked to cancer and obesity and also seemed to feminize males, so that male alligators developed stunted genitalia and male smallmouth bass produced eggs.

In humans, endocrine disruptors were linked to two-headed sperm and declining sperm counts. They also were blamed for an increase in undescended testicles and in a birth defect called hypospadias, in which the urethra exits the side or base of the penis rather than the tip.

Believe me, the scariest horror stories are found in urology journals. If you're a man, you don't wring your hands as you read; you clutch your crotch.

So I've tried for years now to limit my exposure to endocrine-disrupting chemicals. Following the advice of the President's Cancer Panel, I eat organic to reduce exposure to endocrine disruptors in pesticides. I try to store leftover meals in glass containers, not plastic. I avoid handling A.T.M. and

gas station receipts. I try to avoid flame-retardant furniture.

Those are all common sources of toxic endocrine disruptors, so I figured that my urine would test pristine. Pure as a mountain creek.

Silent Spring Institute near Boston, which studies chemical safety, offers a “Detox Me Action Kit” to help consumers determine what harmful substances are in their bodies. Following instructions, I froze two urine samples (warning my wife and kids that day to be careful what food they grabbed from the freezer) and Fed-Exed them off for analysis.

By the way, the testing is for women, too. Men may wince as they read about miniaturized alligator penises, but endocrine disruptors have also been linked to breast cancer and gynecological cancers. The American College of Obstetricians and Gynecologists warns women that endocrine disruptors can also cause miscarriages, fetal defects and much more.

As I waited for the lab results, I continued to follow the latest research. One researcher sent a bizarre video of a mouse exposed to a common endocrine disruptor doing back flips nonstop, as a kind of nervous tick.

A mouse exposed to a common endocrine disruptor does back flips continuously. Finally, I heard back from Silent Spring Institute. I figured this was a report card I had aced. I avoid all that harmful stuff. In my columns, I had advised readers how to avoid it.

Sure enough, I had a low level of BPA, best known because plastic bottles now often boast “BPA Free.”

But even a diligent student like me failed the test. Badly. I had high levels of a BPA substitute called BPF. Ruthann Rudel, a toxicologist who is the head of research at Silent Spring, explained that companies were switching to BPF even though it may actually be yet more harmful (it takes longer for the body to break it down). BPF is similar to that substance that made those mice do back flips.

“These types of regrettable substitutions — when companies remove a chemical that has a widely known bad reputation and substitute a little-known bad actor in its place — are all too common,” Rudel told me. “Sometimes we environmental scientists think we are playing a big game of whack-a-mole with the chemical companies.”

Sigh. I thought I was being virtuous by avoiding plastics with BPA, but I may have been causing my body even more damage.

My urine had an average level of an endocrine disruptor called triclosan, possibly from soap or toothpaste. Like most people, I also had chlorinated phenols (perhaps from mothballs in my closet).

I had a high level of a flame retardant called triphenyl phosphate, possibly from a floor finish, which may be “neurotoxic.” Hmm. Whenever you see flaws in my columns, that’s just my neurotoxins at work.

My lab results: high levels of four chemicals were found

| CHEMICAL                   | DETAILS                                                                         |
|----------------------------|---------------------------------------------------------------------------------|
| <b>1,4-DICHLOROBENZENE</b> | Can affect thyroid hormones and may increase risk of cancer                     |
| <b>ANTIMICROBIALS</b>      | Can interfere with thyroid and other hormones                                   |
| <b>BISPHENOLS</b>          | Can mimic natural hormones like estrogen                                        |
| <b>FLAME RETARDANTS</b>    | Can affect neurodevelopment and hormone levels, and may increase risk of cancer |
| <b>BENZOPHENONES</b>       | Can mimic natural hormones like estrogen                                        |
| <b>PARABENS</b>            | Can mimic natural hormones like estrogen                                        |

Notes: Benzophenones and parabens were also found, but in lower levels than in most Americans. Tests for phthalates and fragrance chemicals were not included.

Will these endocrine disruptors give me cancer? Make me obese? Make my genitals fall off? Nobody really knows. At least I haven’t started doing random back flips yet.

The steps I took did help, and I recommend that others consult consumer guides at ewg.org to reduce their exposures to toxic chemicals. Likewise, if I had downloaded the Detox Me smartphone app, I would have known to get rid of those mothballs, along with air fresheners and scented candles. (Science lesson: A less fragrant house means cleaner pee.)

Yet my takeaway is also that chemical industry lobbyists have rigged the system so that we consumers just can't protect ourselves adequately.

"You should not have to be a Ph.D. toxicologist to be safe from so many of the chemicals in use," Dr. Richard Jackson of U.C.L.A. told me. "So much of what we are exposed to is poorly tested and even less regulated."

The Trump administration has magnified the problem by relaxing regulation of substances like chlorpyrifos, Dow Chemical's nerve gas pesticide. The swamp has won.

So the saddest lesson is that even if you understand the peril and try to protect yourself and your family — as I strongly suggest you do — your body may still be tainted. The chemical companies spend tens of millions of dollars lobbying and have gotten the lightest regulation that money can buy.

They are running the show, and we consumers are their lab mice.

I invite you to sign up for my free, twice-weekly email newsletter. Please also join me on Facebook and Google+, watch my YouTube videos and follow me on Twitter (@NickKristof).

## JCAA Fluke Tournament Director Position Open

The JCAA is seeking a person who will manage its JCAA Fluke Tournament in 2018. This person in this position will promote the tournament with press releases, interacting with tournament sponsors to obtain prizes and recognition in promotional materials, handle promotional mailings to anglers concerning the tournament, distribute promotional material to tackle shops and port locations, enter tournament applicants in the JCAA's data base and be responsible for the overall management of the tournament for its successful result. This position requires the following skills:

- Effective writing skills
- Computer expertise skills with Microsoft Office
- Good verbal skills
- Experience in dealing with the public
- Ability to be a self-starter to complete tasks
- Organizational abilities to prioritize tasks
- Prior experience in managing an event is desirable

The JCAA Fluke tournament will take place in July of 2018. This position *requires* the applicant to work part time starting November 1st and attend board and general meetings. Starting in April the position becomes almost full time. It becomes full time throughout the month of June 2018 and part of July up to the Awards Ceremony at the Clarion Hotel in July. (Salary ranges from \$3,000 up to \$5,000 with possible bonuses dependent on the Tournament Director's ability to increase the number of anglers entering the tournament.)

The JCAA is now accepting resumes for this position. All resumes should be sent to JCAA President, John Toth, by November 1, 2017 at the following address or at his email:

24 Kings Mill Road  
Monroe Township, NJ 08831  
[tothjohn@verizon.net](mailto:tothjohn@verizon.net)

## NJ Regulatory Update: Blackfish, Porgy, Fluke and Sea Bass

*By Paul Haertel*  
*JCAA Board Member/Past President*

At the New Jersey Marine Fisheries Council (NJMFC) meeting on 3/15/18, regulations for blackfish and porgies were set. For blackfish, the Atlantic States Marine Fisheries Commission (ASMFC) required our state to reduce our harvest by 2%. Our council accomplished this by shortening our one day season by two weeks and reducing our bag limit from six fish to five fish for our late fall/early winter season. The adopted regulations set the minimum size at 15", with a four-fish bag limit from 1/1 – 2/28 and from 4/1-4/30. There will be a one fish bag limit from 8/1-11/15 and then a five-fish bag limit from 11/16-12/31. Some people questioned why we did not just eliminate the one day season but the reason is the NJMFC wanted to keep it open for divers and shore based fishermen at a time when the water is warm and the fish are still inshore.

There was better news on porgies as the ASMFC allowed us to increase our harvest by 59%. This will result in New Jersey having a year-round season. Previously our season was closed from March

1st to June 30th. The bag and size limits will remain the same, 50 fish at 9". The council voted in favor of this new regulation but it will not become effective until DEP Commissioner Catherine McCabe signs off on it.

The regulations for fluke and sea bass will not be set until a special council meeting on 4/5 that will be held at 5PM at the Bay Avenue Community Center located at 775 E. Bay Av. in Manahawkin. The delay is due to decisions made at the recent Atlantic States Marine Fisheries Commission (ASMFC) meeting regarding Addendum XXX for sea bass. Several positive changes in the way sea bass are managed were made at that meeting. One is that New Jersey will be its own region. Another is that a smoothing over approach can be used to adjust MRIP numbers that appear to be way out of line. For example, the MRIP numbers for Wave 3 (May-June) in 2017 showed that New Jersey harvested an extraordinarily high number of sea bass. We will now be able to smooth over that number based on what was harvested during that period in prior years. This is a good thing as it should allow us to significantly liberalize our regulations this year.

Our Bureau of Marine Fisheries worked diligently on this issue but must first have their methodology approved by the ASMFC management board when it meets via conference call on Tuesday, March 20th at 11 AM. The board will consider approving the proposals of all three regions at that time. The three management regions are: (1) Massachusetts through New York, (2) New Jersey, and (3) Delaware through North Carolina. The public is welcome to listen to the discussion by phone (866.214.0726, followed by pass code: 993961) and view the webinar at [this link](#).

The meeting agenda can be found at [this link](#); meeting materials will be available March 15 in the [archives](#). Time permitting; there will be a limited opportunity for the public to provide comments. The Board Chair will outline the procedures for accepting public comment at the beginning of the conference call. The public and other non-participating attendees are requested to mute their phones in order to minimize distractions to the Board's deliberations. For more information, please contact Caitlin Starks, FMP Coordinator, at [cstarks@asmfc.org](mailto:cstarks@asmfc.org) or 703.842.0740.

Regarding fluke, our council is seeking to close or eliminate the gap from when fluke season closes until when sea bass season opens so they have

elected to wait until the special meeting in April to set the regulations for both species. The options for fluke are expected to all have an 18" size limit and a bag limit of 3 fish. The seasons could either be from 5/15-9/16, 5/22-9/20 or 5/25-9/22. It is possible that these options could be tweaked a little or other new ones developed but that is unlikely. (The special regulations of 3 fish at 17" for Delaware Bay and 2 fish at 16" for Island Beach are expected to remain the same.)

JCAA will keep you posted as to specific options as they become available via our newsletter and on our [Facebook page](#). Please "like" our page when you visit it.

## Atlantic City Boat Show Experience

*By John Toth*

I volunteered to work at the Atlantic City Boat Show on March 2<sup>nd</sup> to sell JCAA raffle tickets and pass out our newsletters to those who expressed interest in the JCAA and answer their questions. It was a stormy day with winds up to 70 mph and driving down to AC and back to my home was somewhat of a challenge and holding on tightly to the steering wheel was necessary! On that day, even an 18-wheeler overturned on the Tappan Zee because of the high winds! Because of this brutal weather, attendance was down at the show and that was to be expected.

Not expected by me was people coming up to our JCAA booth and saying "I like what the JCAA does, and I want to buy your book of raffle tickets." Another person from the Village Harbor Fishing Club said, "I want to buy two of your raffle books to support what the JCAA does." Others just said, "I want to help you on what you do and give me a book to buy."

While it is a good thing that anglers buy our JCAA raffle books to help us financially pay our rent and other bills, but that it is also good for me and other JCAA staff to hear this type of affirmation occasionally. Quite honestly, I sometimes get the feeling that my volunteering my time and effort with the JCAA is not worth it since some anglers do not seem to appreciate what the JCAA does. That includes going to meetings on sand mining, beach access, and writing articles to the NOAA to designate the 13 artificial reefs in federal waters as "hook & line" only.

Sometimes, I feel like I am leading a parade and that there is nobody marching behind me.

Unfortunately, there is a lot of apathy among recreational anglers and we see it in many ways with the lack of attendance at important meetings and in not being involved in issues that affect us. This is quite understandable since we all seem to be fighting the bureaucracy that manages our fisheries and they continually do things that make no sense, like reducing our sea bass quota while the stock is up by 230%. All of this contributes to a sense of malaise among us and our not being able to make the changes we need in our fisheries management. But, we need to keep the good fight going!

I am **NOT** looking for a pat on the back every minute and I don't need it! But it is good to hear this occasionally and I heard more compliments about the JCAA at this AC boat show than I have heard for quite some time. When I finally got home, I even remarked to my wife on this positive experience that I had at this AC Boat Show. It helped me to reaffirm my commitment to the JCAA.

It is not my intention to make this a "woe is me" article and I have never written anything like it, but I thought that it was necessary to share it with you.

I have seen over the years with my involvement in the JCAA that many of you have supported the JCAA in so many ways and I want to **Thank You** for your continued contributions and support!

## KID'S WISH'N TO GO FISH'N

Saturday, September 29<sup>th</sup>, 2018, 10:00AM to 2:00PM. Free to all special needs children. There will be a free BBQ, door prizes, free rigs & bait and free loaner rods & reels. This event is open to special needs children aged 6 to 16 years old. This event will also be hosted by Vito Cardinale of Cardinale & Associates at Lake Julianna on the Ponderosa Estates Farm in Millstone Township, NJ. To register your group, call 732-747-7846 or email [info@cardinaleenterprises.com](mailto:info@cardinaleenterprises.com).

JCAA wishes to thank Mr. Cardinale for again hosting this event on behalf of JCAA. Mr. Cardinale is always present at these events helping out himself along with his staff. Mr. Cardinale donates the use of his property and pays for all the food and drink and provides his staff to help out with the BBQ and hay rides. We could not do this without his generosity.

If you would like to donate anything for either or both events or wish to volunteer to help at either or both events, contact Don Marantz at 908-347-1434 or email [donmarantz@optonline.net](mailto:donmarantz@optonline.net).

## 27<sup>th</sup> Annual Governor's Surf Fishing Tournament Sunday May 20, 2018

*By Tom Fote*

## JCAA Upcoming Events

*By Don Marantz*

### PLAY HOOK-E TAKE A VETERAN FISHING

Sunday, April 29<sup>th</sup>, 2018. Free to all disabled veterans. 9:00Am to 2:00PM. There will be a free BBQ, door prizes, free rigs & bait and loaner rods & reels. This free event will be hosted by Vito Cardinale of Cardinale & Associates at Lake Julianna on the Ponderosa Estates Farm in Millstone Township, NJ. To register, contact Greg Kucharewski at 732-785-9278 or email Greg at [gkucharews@jcaa.org](mailto:gkucharews@jcaa.org).

The 27<sup>th</sup> Annual Governor's Surf Fishing Tournament (GSFT) will take place in Island Beach State Park (IBSP), NJ on May 20, 2018. This event is one of the most popular surf fishing contests for the individual angler on the east coast. It is sponsored by Jersey Coast Anglers Association, New Jersey State Federation of Sportsmen's Clubs, NJ Beach Buggy Association, NJ Division of Fish and Wildlife, NJ Division of Parks and NJDEP.

This year's GSFT will be the fifth to be held in the spring. The 2017 event in May proved to be a success with more fish caught by the contestants. The most important part in planning this tournament is always to provide the most enjoyable day of surf fishing possible for the participating anglers.

Anglers on the beach catch a variety of species which are eligible for entry in the tournament each

year. Overall length determines the winner. All fish must meet minimum length tournament requirements.

The individual who catches the overall largest fish wins the "Governor's Award," and has his/her name engraved on the Governor's Cup, which is permanently displayed at the park. Fishing equipment is awarded to winners who catch the largest fish in each species category. Winners from the early entry drawing and the tournament must be present during the afternoon awards ceremony to claim their prizes or they will be forfeited.



Brochure and Registration Form and past tournament winners are available at [this link](#) and the direct link for the Brochure is [this link](#). Anglers planning to participate in the tournament should always register early: doing so entitles you to save \$5 on the adult registration fee, be eligible for special prizes and avoid delays when entering the park. The early entry incentive ends April 22, 2018. After this date, anglers will be required to register at the tournament.

**Note:** Tournament anglers need to complete the NJ Saltwater Recreational Registry prior to the event.

### Early Registration

Early registration must be postmarked by April 22, 2018. Here are entry fees for early registrants:

- Ages 18 and older to \$15
- Ages 13-17: \$5
- Children 12 & under are **free!**

### Day of Tournament Registration

Registration opens at 5 am on Sunday at Pavilion #1.

- Ages 18 and older: \$20
- Ages 13 - 17: \$5.00
- Children 12 & under are **free!**

**Note:** Children 12 and under must be accompanied by an adult and are still required to register.

### Schedule

|                |                 |
|----------------|-----------------|
| 6:30 am - 1 pm | Fishing         |
| 1:30 pm - 2 pm | Raffle Drawing  |
| 2:00 pm        | Awards Ceremony |

Special arrangements are available for handicapped anglers. Balloon tire equipped beach wheelchairs are available for anglers with disabilities. Volunteers will be needed to assist anglers with special needs who fish on tournament day. To volunteer, or to make arrangements for a handicapped angler, please contact Greg Kucharewski at [gkucharews@aol.com](mailto:gkucharews@aol.com).

We need your help, so please sign up to be a judge in the tournament. Each judge will receive a special issue Governor's Cup Surf Fishing Tournament judge's hat. In addition, a stipend is available to help offset the cost of fuel burned while judging on the beach. Also, the IBSP beach pass is not required for judge's 4x4 vehicles during the hours of the tournament. To be a judge, please contact Kyren Dooley at 609-713-7712.

Tournament t-shirts and hats will be available for sale inside the pavilion area after 10:00 am on tournament day.

There will be a raffle drawing for registered anglers in the tournament. Participants in the drawing must be present at the award ceremonies to qualify to win.

The GSFT Committee and several other organizations have donated funds to provide IBSP with 15 new beach accessible wheel chairs to replace the well-worn units that have been in use at IBSP. These chairs will be on display at the Pavilion at OBA#1 during the day of the tournament. More information on this program will appear in the tournament follow-up article in an upcoming JCAA Newsletter.

If you are interested in details of wheelchair use at the park, please contact the Island Beach State Park office at (732) 793-0506.

We hope you are planning to fish in the GSFT this year. If not, why not volunteer to help on the day of the tournament. Help is always needed at the registration desk, with sales of tournament hats and t-shirts, assisting anglers with special needs, and judging.

Food and beverages will be available for purchase. **Early Entry incentive:** If postmarked by

April 22, 2018 you will save on adult registration fee and be eligible for a drawing for the Coastline Surf System. For more information on the drawing visit their [website](#). Avoid delays! Pre-registration allows you to go directly to the beach.

The Governor has been invited to present the prizes during the awards ceremony. The individual catching the largest fish will receive the “Governor’s Trophy,” high end rod and reel combo, and have their name engraved on the Governor’s Cup which is permanently displayed at Island Beach State Park. There will be prizes broken down by fish categories for adults and children.



*Disabled anglers enjoyed a day on the beach during the Governor’s Surf Fishing Tournament.*

For more information about the tournament rules and eligible fish prize categories visit the NJ Fish and Wildlife [website](#) or call (609) 748-4347.

American Angler is raffling off additional prizes at the awards ceremony in support of the tournament. Stop by the registration table the day of the Tournament to enter to win! Prizes include: Costa Del Mar sunglasses, Tsunami Shield Reel, RH Custom Surf Fishing Rod, Salt Life sunglasses and more.

## Take a Kid Fishing for the first Time in 2018

## Youth Education Report

*By Greg Kucharewski*

### 27TH ANNUAL GOVERNOR’S CUP

Get ready to enter the largest surf-fishing tournament along the Jersey Shore. This year it will be bigger and better than ever. The 27th Anniversary of the Governor’s Surf Fishing Tournament will be on Sunday, May 20, 2018. Don’t miss a day of family fun! Pick up a brochure about the tournament at Island Beach State Park or at your favorite tackle dealer.

Remember, admission to the park is FREE for the tournament. We would like to remind our physically challenged anglers that there is an area at OBA 1 with beach wheelchairs available. The JCAA Youth Education Committee is helping novice and physically challenged anglers at the Governor’s Surf Fishing Tournament. World Jeep – Chrysler – Dodge - Ram, Shrewsbury, NJ will assist physically challenged anglers with a NEW 4x4 VIP vehicle to transport anglers that will be fishing the reserved area in front of OBA 1. Team World Jeep Chrysler will also be available to answer questions about 4x4 beach maintenance and fluids.

Members of the Vietnam Veterans of America (Chapter 12) and volunteer anglers from various fishing clubs will also assist physically challenged anglers. If you know a disabled veteran or angler that would like to fish the tournament, please phone Greg K at 732-785-9278 or email [gkucharews@jcaa.org](mailto:gkucharews@jcaa.org).



## HIGH SCHOOL SURF FISHING TEAM COMPETITION

Don't forget to register early for the High School Team Competition for the Governor's Surf Fishing Tournament on Sunday, May 20, 2018. How does the High School Fishing Team Competition work? Five school age students that are part of a formal fishing club or members of a NJ "Hooked on Fishing Not on Drugs" group or a non-formal angling group can register for the Governor's Annual Surf Fishing Tournament. Each High School will participate as a team with no limit to the number of anglers per each school. There must be one chaperone, 21 years or older, for every 5 high school students. Chaperones are not eligible to fish and must remain with their high school students during the entire Tournament. All angling team members will receive a t-shirt for registering.

GSFT committee members feel the expanded opportunity for youth angling groups to fish the GSFT will create more excitement and recognition for young anglers on tournament day.

*For more information about New Jersey High School Team Surf Fishing, see the High School Team Category section at [this link](#).*



## STUDENT LEARNING OPPORTUNITY

The NJDEP Division of Fish and Wildlife and its partners is offering teens some exciting summer programs based at the Sedge Island Natural Resource Education Center, located off Island Beach State Park in Barnegat Bay. These unique, educational and fun programs include fishing, research and field experiences in a beautiful location. Sedge Island Fishing Experience June and August, 2018. For more information about any of these programs you can phone Karen Byrne at 609-748-4347 or email her at [karen.byrne@dep.nj.gov](mailto:karen.byrne@dep.nj.gov).

## HOOKED ON THE HUDSON

The Palisades Interstate Park New Jersey and the Hudson River Fishermen's Association invite you to experience the Hudson River at the 33rd Annual Hooked on the Hudson event. Join them at Ross Dock on Saturday, April 28, 2018 9am - 3pm. Our fishing contest is FREE.

There is no entry fee. There are no registration forms. Just come down to the park, throw your line in the water and enjoy yourself.

They will supply all equipment and bait free for your children to use! We continue our tradition of combining a fishing contest with exhibits provided by leading environmental conservation and sportsmen's organizations in our area. Food and Refreshments will be available. Fishing Contest 9am - 1pm. Fishing information and assistance will be available Exhibits 9am - 3 pm.

As in past years we have invited leading environmental and conservation groups to join us.

Children Casting Contest 2pm - 3pm with prizes awarded. Awards Ceremony will be at 3pm. For additional info, contact Peter Musse (201) 233-3119, [petemusse@gmail.com](mailto:petemusse@gmail.com).

## PLAY HOOK-e TAKE A VETERAN FISHING

On Sunday, April 29, 2018, 9:00 am till 2:00 pm, Mr. Vito Cardinale, President Cardinale Enterprises LLC, will host the 2018, Second Annual Take A Veteran Fishing Day at Lake Julianna, Ponderosa Estates Farm, Millstone Township, NJ 08535.

"Play HOOK-e from PTSD" is the theme for disabled veterans that will attend the second annual FREE Play HOOK-e Take A Veteran Fishing Day. The goal of the fishing day at Lake Julianna is to provide a chance to go fishing for disabled PTSD veterans and to relax while enjoying the peaceful surroundings of Lake Julianna with other veterans.

Disabled veterans and their guest are invited to fish at this private lake to catch and release big fish and then join Mr. Vito Cardinale and his staff of volunteers that will provide soft drinks, hamburgers & hotdogs and other goodies for the free BBQ. As in the past, Mr. Cardinale and his team are proud to serve our veterans that have given so much for our county.

Veterans with mobility challenges will have the use of 4x4 transportation around the lake, along with



fishing assistance if needed. Freshwater fishing license is not needed because this is a private lake. Project Healing Waters Fly Fishing Jersey Shore Chapter will assist with fly fishing instruction and their members are also welcome to join in and catch some big fish on a fly rod. Boating Education and Rescue will assist with their mobile education booth and equipment.

We have door prizes, loaner rods and reels, terminal tackle, bait, and other fishing equipment available to insure you have an enjoyable time.

The event is sponsored by Cardinale Enterprises LCC and supported by Vietnam Veterans of America Shore Area Chapter 12, Project Healing Waters Fly Fishing, Boating Education and Rescue and the Jersey Coast Anglers Association. To register and receive directions for this free event, please phone Greg at 732-785-9278 or you can email him at: [gkucharews@jcaa.org](mailto:gkucharews@jcaa.org). Visit [this link](#) for more outdoor fishing events.

Mike and Debbie Bennett of Boating Education and Rescue will host a “Play HOOK-e Take a Veteran Fishing” at Turkey Swamp Park at 200 Georgia Road, Freehold, NJ 07728 on Thursday, May 24, 2018 10:00 am till 12:00 pm. The program will begin with what you need to know about freshwater fishing and how to fish freshwater areas in New Jersey.

The free program is for veterans struggling with PTSD but all veterans are welcome to register. Veterans will learn about largemouth bass lures, catch and release methods, rigs and baits, and receive guidance about water safety. By working in small groups each month (10-15 Veterans) and sometimes one on one veterans are able to gain the confidence needed to communicate about improving their quality of life.

The goal is to connect veterans to VA Service Offices / Outreach Centers, New Jersey Coastal Parks, Fishing Clubs, Veteran Organizations, and help Veteran men and women take time to heal by utilizing healthy outdoor activities, such as fishing. To register, phone Mike and Debbie Bennett at 732-492-4009 or email to [bear@boatingeducationandrescue.org](mailto:bear@boatingeducationandrescue.org).

## **NEWARK BAIT AND FLY CASTING CLUB KIDS FISHING DERBY**

NB&FCC annual Kids Fishing Derby is held each year at Echo Lake Park in Mountainside, N. J.

and is free for children 16 years of age and younger. Adults may enter for a nominal charge. The Derby runs for three weeks April 14 – May 5, 2018.

The registration booth is located at the gazebo on the lower lake and registrations will be accepted from 8:00 A.M. to 2:00 P.M. on the first Saturday of the derby only. Children that have registered will receive a gift bag at the derby location up until 2:00 P.M. on first Saturday of the derby. Prizes for the derby will be awarded at the Newark Bait and Fly Casting Club's meeting on June 6, 2017 at 7:00 P.M.

*For additional information email: [info@nbfcc.org](mailto:info@nbfcc.org).*